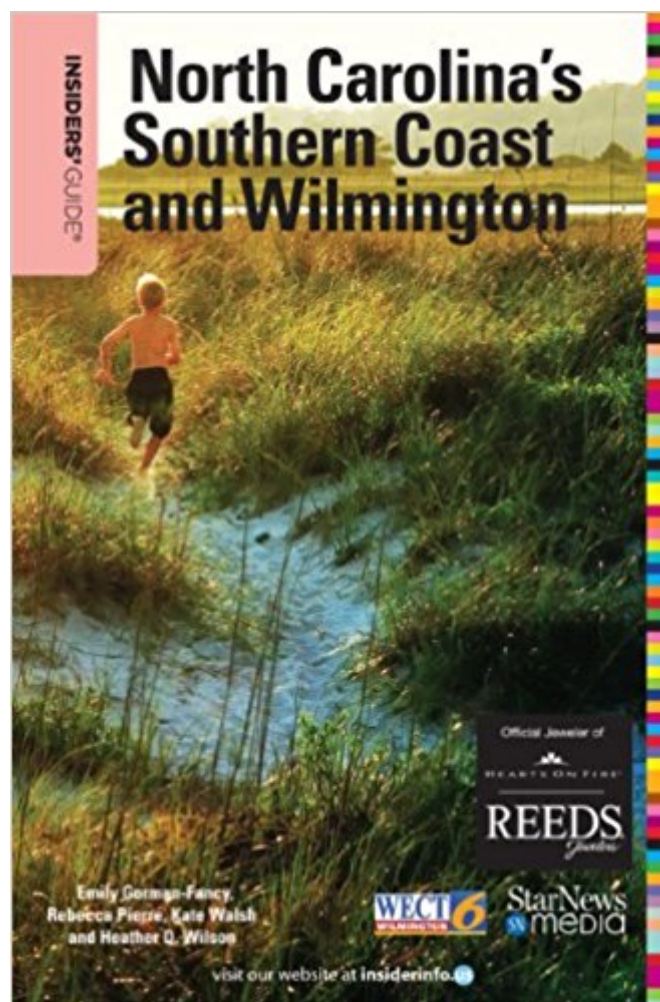


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# Insiders' Guide To North Carolina's Southern Coast And Wilmington, 16th (Insiders' Guide To North Carolina's Southern Coast & Wilmington)





## Synopsis

North Carolina's Southern Coast is endlessly appealing, with its mild climate, family-oriented beaches, laid-back lifestyle, plentiful outdoor activities and rich culture and history. The Insiders' Guide to North Carolina's Southern Coast and Wilmington is the only comprehensive travel and newcomer guidebook to this exceedingly popular tourist destination and its rapidly growing year-round communities. This book offers readers everything they need to know about the beaches of North Carolina's southern coast, including Wrightsville Beach, Carolina Beach, Kure Beach, Bald Head Island, Topsail Island and the Brunswick County beaches of Bald Head Island, Oak Island, Holden Beach, Ocean Isle Beach and Sunset Beach. It also includes comprehensive information about the city of Wilmington as well as Southport and the other burgeoning communities of the southern coastal area. The book is a must-have for anyone interested in visiting or relocating to North Carolina's Southern Coast. It's packed with details about shopping, dining and things to do as well as the information needed for living and thriving in the area.

## Book Information

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## Customer Reviews

Zach Hanner lives in Wilmington and works as a freelance writer, actor and musician. In his spare time he writes and directs children's theater and is an avid surfer. Pam Watson has been a freelance writer for more than 28 years. Her articles have appeared in numerous publications and she has written several travel guides. She lives in Charlotte. Rebecca Pierre has lived on Oak Island since 1992. She is a freelance writer working for a variety of publications and she is also a

poet and artist.Â Kate Walsh has lived in Surf City on Topsail Island for 13 years. A former television producer, she is a freelance writer and is currently pursuing her master of fine arts degree in creative nonfiction.

Wilmington (from Restaurants): Naturally, the traditional regional specialties make up the heart and soul of Southern coastal dining. The famous Calabash-style seafood is ever-present. It gets its name from the Brunswick County town to the south once heralded as the seafood capital of the world for having nearly 30 seafood restaurants within a square mile. Calabash style calls for seasoned cornmeal batter and deep frying and has become synonymous with all-you-can-eat. Calabash restaurants typically serve a huge variety of piping-hot seafood in massive quantities accompanied by creamy cole slaw and uniquely shaped, deep-fried dollops of corn bread called hush puppies. Low-country steam-offs are buckets filled with a variety of shellfish, potatoes, corn and Old Bay seasoning. When fresh oysters are in season in the fall, oyster roasts abound. Crab meat is popular, and competition is stiff among restaurants boasting the best crab dip. Seafood chowder and chili are two other popular dishes put to the test in local competitions and cook-offs. New Year's Day dinners may include collards and black-eyed peas, symbolic of paper money and small change, to ensure prosperity in the year to come. Okra, sweet potatoes, grits, turnip greens, mustard greens and kale are also regional favorites. Hoppin' John, based on black-eyed peas and rice, is a hearty dish seen in many variations.Â Shrimp and grits is another favorite dish appearing in various incarnations from restaurant to restaurant. Boiled peanuts are popular snacks, frequently available at roadside stands, and nowhere does pecan pie taste better. Iced tea flows freely, in most places by the pitcher-full, and locals prefer it sweet. Many North Carolinians enjoy good barbecue in all its variations &#151; pork or beef, chopped or shredded, sweet or tangy &#151; and the coastal regions are no exception. Many beach communities boast at least one barbecue restaurant hidden among the seafood restaurants, touting the best recipe, of course.

This is an excellent guide for the Wilmington area, covers a broad range of topics, and was just what we were looking for since we are relocating to Wilmington. I believe it was published in 2009, so it might be a bit dated, but still full of useful information. I highly recommend it.

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